

REDMOND HIGH SCHOOL ATHLETIC ELIGIBILITY FORM

Name _____ Parents/Guardians Names _____
Address _____ City _____ Zip _____
Phone _____ Bus/Cell Phone: Father _____ Mother _____
Grade in 2009-2010 _____ Birthdate _____ Sex: Male _____ Female _____

**** TRANSFER STUDENTS ONLY ****

What school are you transferring from? _____ OSA Transfer Certificate filled out? Circle one
Yes No

**** ALL STUDENTS ****

- Circle one
1. Are you attending Hartman High School? Yes No
 2. Did you begin the 9th grade in the Redmond School District? Yes No
 3. Are you currently living with your birth or adoptive parents? Yes No
 4. Are you living within the attendance boundaries of this school? Yes No
 5. Did you pass (4 credit classes last trimester) ? Yes No
 6. Have you attended this school continually since the 9th grade *without attending a single day in another school*? Yes No
 7. Have you continually attended high school without ever dropping out for any period of time? Yes No
If no, for how long? _____
 8. Are you currently enrolled in at least 4 credit classes? Yes No
 9. Have you read the "Redmond High School Interscholastic Athletic Rules and Regulations" sheet? Yes No
 10. Have you read the "Redmond High School Substance Abuse Policy" sheet? Yes No
 11. Do you understand that you will be held accountable for all policies and rules? Yes No
 12. I understand that the Redmond School District 2-J can not be held responsible for expenses of athletic injuries? Yes No
(An athletic insurance policy is available at your expense. Forms are available in the athletic office.)
 13. If you answered no to any of these above questions – please explain
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INSURANCE INFORMATION

All school athletes **must be covered by medical insurance** provided by parent/guardian for the duration of the athletic activities in which they participate. ***Inform the school immediately should there be a change in insurance coverage.***
Parent/Guardian, please initial below to indicate current coverage:

- _____ 1. Complete personal coverage with _____ Policy # _____
Initial Insurance Company Name
- _____ 2. Student insurance (to be purchased by parent/guardian ***prior to participating***).
Initial

Name of Family Physician Address Phone

CURRENT MEDICAL CONDITIONS

Medical Condition _____
Allergies _____
Medications _____

It is the parent's/guardian's responsibility to notify the school any time a medical problem occurs that would affect the health of the student as he/she participates in athletics.

In the event of an apparent or real emergency, in which medical treatment or hospitalization of my child may be necessary, after effort to contact me at the telephone number above, I the undersigned parent or guardian do hereby authorize and appoint the Administrative School District No. 2-J through its agents, to obtain any medical or hospitalization of the above named child as they believe necessary and proper for the immediate care and welfare of said child. I do further authorize and direct any medical doctor or hospital to render any and all treatment believed necessary and proper for the immediate care and welfare of the above named child and the undersigned agrees to pay for such medical treatment and expenses incurred on behalf of such child and shall hold Redmond School District harmless from any liability, claims, judgments and costs incurred in or as a result of any such medical treatment or hospitalization.

I understand the school authorities will use their best judgment in determining emergency care and procedures. The school is authorized to obtain immediate medical treatment for my child.

Student Athlete Signature: _____ **Date:** _____

Parent/Guardian Signature: _____ **Date:** _____

ATHLETIC PERMISSION

This application to compete in interscholastic athletics for the Redmond School District is entirely voluntary on my part and is made with the understanding that I have not violated any of the eligibility rules or regulations of the school or state association. I have read, understand and agree to follow the rules and regulations governing OSAA Athletic/Activity and school participation in the Redmond School District. (Included in packet as well as in the Student Planner & Handbook).

I have read and completed all of the sections of this form and all statements are true to the best of my knowledge. I hereby give my consent for the above student to engage in school and state association approved athletic activities as a representative of his/her school. I also give my consent for this student to accompany the team when it travels to other schools. I am advised that students are held responsible for all player's equipment owned and issued by the school.

I have read and understand the implications of the rules and regulations governing the participation of my son/daughter in OSAA activities/athletics and school activities sponsored by the Redmond School District. I understand that he/she is expected to follow the rules and regulations of participation as outlined in the Student Planner & Handbook and should he/she violate these provisions, he/she will be disciplined in accordance with procedures listed in the Handbook.

Student Athlete Signature: _____ **Date:** _____

Parent/Guardian Signature: _____ **Date:** _____

LETTERING CRITERIA

The lettering criteria is set up by the Head Coach for each sport. To receive a maroon "R" letter, you have to letter in a varsity sport once. To receive a gold "R" letter, you have to letter in (3) different sports, with one sport twice.

Students who participate in (3) sports for all four years of high school will receive a "Redmond" blanket that will be given out at the Academic Awards Night.

Students who letter in (3) sports for all four years of high school will have their name engraved on the "Travis Mills" Plaque. This award is given out at the Academic Awards Night and is displayed in the trophy cases.



RHS Sports Medicine/Athletic Training Information

RHS is fortunate to have two Certified Athletic Trainers (ATC) on staff as part of a program funded by Desert Orthopedic Specialists LLP. Certified Athletic Trainers are recognized by the American Medical Association as professionals who specialize in the prevention, assessment, treatment, and rehabilitation of injuries and illnesses that occur in athletes and the physically active. An ATC must possess (at minimum) a bachelor of science degree from a university with an accredited athletic training program. They must pass written and practical examinations and maintain their certification through continuing education. Oregon also regulates ATCs by requiring registration through the Health Licensing Office.

The Sports Medicine program that Desert Orthopedics funds includes the following services for Redmond High School:

- *40 hours/week medical coverage at practice and games by a Certified Athletic Trainer (including injury evaluation, rehabilitation including modalities, taping, bracing and first aid)
- *Free Orthopedic evaluations (by referral from the ATCs) and orthopedic medical coverage at football games
- *Educational Sports Medicine course for interested students at RHS
- *Supply budget for medical equipment and supplies for the training room and athletic teams.

Athletic Injury Policies

If your son or daughter is injured while playing a sport at RHS, please note the following procedures to help them to receive the best care:

1. Please report first to the Certified Athletic Trainer on duty for evaluation and treatment of the injury.
2. If the injury requires further evaluation by a physician, please be sure to obtain a written note from the doctor stating the diagnosis and return to play date.
3. If your athlete is seen by a doctor for any injury, he/she will not be allowed to return to activity until a clearance note from the doctor is received by the ATC on staff or the Athletic office.
4. If the injury requires evaluation from a specialist, (ie: neurologist, orthopedist, cardiologist, etc) the clearance note must be from that specialist or one of equal credentials.

****These policies are in place for the safety of your son or daughter and help us to provide the best possible care for our athletes!**



Redmond High School

Our Mission...to provide a school where students, parents, and staff want to be.

675 S.W. Rimrock Drive, Redmond, OR 97756 (541) 923-4800

ImPACT Concussion Testing Program Information

Dear Parent,

Panther athletes are fortunate that, thanks to a partnership with the Redmond High School sports medicine program, The Center Foundation and Desert Orthopedics, the ImPACT Concussion program will be available to Redmond High School athletes. ImPACT is a computer based neuro-cognitive assessment that is designed to aid your Athletic Trainers and physicians in the management of concussions. The ImPACT program is an important aspect of sports medicine and is currently established in Bend-LaPine, Sisters and Crook County High Schools as well as colleges and professional sports such as the NFL, MLB, NBA and NHL. Extensive research on sports related head injuries has demonstrated that 10% of athletes participating in contact sports suffer concussions each season. Early recognition of concussion symptoms, removal from play, proper treatment and management is essential to prevent more serious outcomes such as Second Impact Syndrome and Post Concussion Syndrome.

The ImPACT test will be administered each season to all athletes playing contact sports in order to collect the baseline data on the student's normal neurocognitive functioning (memory, processing speed, and visual motor speed). In the event that an athlete sustains a concussion, RHS's Certified Athletic Trainer, Cari Wood, will assess the student and retest with the ImPACT program. The post-concussion data will be compared with the baseline data and reviewed with a neuron-psychologist professional to determine when it is safe for the student to return to the field of play.

We are excited to bring this opportunity to Redmond High School athletes as part of an already established sports medicine program. If you have questions feel free to contact Cari Wood Certified Athletic Trainer or Brent Walsh, Redmond High School Athletic Director for more information, or visit www.impacttest.com.

Brent Walsh, RHS Athletic Director 923-4806

Cari Wood, RHS Certified Athletic Trainer 504-3588

Please read and sign the attached permission form as part of the athletic clearance procedures.



DESERT
ORTHOPEDICS



**Redmond High School
Sports Medicine / Athletic Training Program**

Injury Treatment Permission

*****In case of an athletic emergency, please indicate whether your son or daughter may receive the previously mentioned FREE services without your prior notification:**

_____ **YES: In case of an athletic injury, my son or daughter may receive the previously mentioned FREE services at Redmond High School without my prior notification.**

_____ **NO: Please contact me before administering ANY first aid to my child.**

Student Athlete's Name: _____ **Sport(s)** _____

Parents Names (print): _____ **Phone #** _____

Parents Signature: _____ **Date:** _____

Any additional information that we should be aware of in order to better treat your son/daughter (ie: asthma, allergies, etc) _____

ImPACT Concussion Testing Permission

Please indicate whether your son or daughter may participate in the ImPACT Concussion Program as stated on the attached information letter as part of the overall sports medicine program and Redmond High School. This release will allow us to conduct the ImPACT baseline test on your students and, in the event of a concussion, will allow the ImPACT program to be administered post-concussion.

_____ **YES: My son or daughter may receive ImPACT baseline and post concussion tests.**

_____ **YES: I have ALREADY TAKEN the ImPACT test at RHS.**

_____ **NO: Please contact me for permission before administering ImPACT tests.**

Name of Student Athlete: _____ **Sport** _____

Parent Signature: _____ **Date** _____

Print Parent/Guardian Name: _____

REDMOND HIGH SCHOOL

INTERSCHOLASTIC ATHLETIC RULES AND REGULATIONS

1. OSAA Eligibility:

All incoming freshmen are automatically eligible to participate in the Fall trimester. All other student athletes must have passed (4) classes in the previous trimester to participate in the following trimester. All student athletes must be enrolled in a least (4) classes during the trimester they participate in. (Teacher Assistant courses must be graded in order to count towards eligibility).

RHS Eligibility:

An eligible student is one who is passing all classes in which he/she is enrolled, as well as meeting the OSAA Eligibility criteria as stated above.

Grade Check and Eligibility Procedure:

- A. A grade check will be completed at six weeks and 12 weeks. (Progress grades and Trimester grades).
- B. Students not passing all classes will be required to attend “recovery” during lunch every day to remain eligible to participate in contest.
- C. Students that do not attend “recovery” are immediately declared ineligible.
- D. Students are cleared from “recovery” when they demonstrate they are passing all classes.
- E. A student athlete is eligible if a class is dropped but is still passing (4) classes.

2. Violations which may cause immediate removal from a team:

- A. Violations of Substance Abuse Policy. (See attached Substance Abuse Policy).
- B. Students who are a party to vandalism, theft or engage in any other activity which endangers the health or property of others. A conference with the athlete, parents, and Athletic Director will be held. Conditions for reinstatement to the athletic program and length of suspension will be reviewed. A contract will be signed in order for the athlete to continue in the program. This contract may include expectations in regards to academics, school attendance and behavior at school. Athletic sanctions will be in addition to school sanctions in most cases.
- C. Violations of conduct which are unbecoming of an athlete and which are not specifically listed in these rules, may lead to suspension or removal from the athletic program by the Athletic Director or Principal.

3. These rules and regulations are in effect at all times of the school calendar year; **beginning on the first practice date of the fall sports season through the last day of school. All students will be accountable for the athletic regulations beginning the first day of practice during the first sport they participate in.**

4. Redmond High School will honor athletic suspensions from an athlete's former school, subject to our appeal process. (See 11 below).

5. Students must be present in school all day in order to participate in games or practices unless a written excuse is submitted by a parent or guardian.

6. A participant who is removed from a squad for disciplinary reasons will not be allowed to participate in any other supervised extra-curricular athletic activity during that regular season.

7. A participant may voluntarily drop out of a sport in season during the first two weeks of the season without eliminating themselves from supervised conditioning or weight training. Those quitting a sport in season after the first two weeks of official practice will not be allowed to participate in any other supervised extra curricular athletic activity during that regular season without the agreement of both head coaches concerned and the Athletic Director.
8. A student becomes ineligible, if at any time he/she accepts or agrees to later accept any compensation or thing of value for recognition of athletic abilities, with the following exceptions:
 - A. School official athletic awards.
 - B. Activities sponsored by amateur groups or organizations, provided A.A.U. code is observed.
 - C. Students may not accept monetary compensation for athletics. Students may receive non monetary compensation for athletics up to \$300 per association year. For additional information, see your Coach or Athletic Director.
9. No athlete will be allowed to participate in a sport until all previous issued equipment in a prior sport has been returned or proper restitution made.
10. **Athletes are encouraged to have a valid Associated Student Body (ASB) card to participate in all extra-curricular activities.**
11. All violations of Redmond High School Athletic Rules and Regulations may be appealed through a committee composed of High School Personnel. The committee will be selected by the Administrator chairing the appeals process.
12. Students are encouraged to ride home after all games with the team. Coaches may excuse a team member to their parent/guardian following the contest with a note from the parent/guardian. Students who wish to ride home with another adult must secure permission PRIOR to the trip through the Athletic Director.
13. Before you sign an agent contract, endorsement contract or professional sports services contract, you should pick up a warning statement in the Athletic Office. The statement describes your loss of eligibility and your responsibilities to your school after having signed said contract.
14. **All OSAA fines that players receive for ejections are the responsibility of the player/guardian.** The player will not be allowed to play in any contest until the OSAA suspension (1 game minimum) and the fine paid. Redmond High School will not pay for any player ejection associated costs.



Pay to Play Fees: OSAA Sponsored Sports: Baseball, Basketball, Cross County, Football, Golf
Soccer, Softball, Swimming, Tennis, Volleyball, Wrestling

\$150 for the first sport

\$150 for the second sport

FREE for the third sport

\$600 Family Cap

There will be **NO REFUND** for any student that **decides to quit** after two weeks of a sport season. A pro-rated refund will be negotiated for any athlete that has a season ending injury.

REDMOND HIGH SCHOOL SUBSTANCE ABUSE POLICY

The Redmond High School Substance Abuse policy will be in effect from the first practice date of the student through the last day of school. The use of tobacco (smoking, chewing or possession) is prohibited. The use of alcohol and other drugs (possession, use or trafficking) is prohibited.

FIRST VIOLATION:

1. Two-week suspension from competition, which begins on the 1st play date following the infraction, but the participant is eligible to attend practice sessions.
2. The athletic director will communicate with the participant, parents, and appropriate coaches or advisor.

SECOND VIOLATION:

1. Participant will be dropped from his/her current squad for the remainder of that sports season. Additionally, the athlete will be placed on athletic probation and is suspended for a minimum of the first 50% of regular season contests or play dates for his/her next sports season; beginning with the first OSAA sanctioned date of competition. Attendance at practice is mandatory during this period. The athlete must complete his/her next sport season in good standing. Failure to do so will result in continuing the probation and a minimum of the first 50% of regular season contests or play dates for his/her next sports season. The Athletic Director will review conditions of all suspensions/probations with the athlete, parents, and coaches, and a contract will be signed in order for the athlete to participate. This contract may include expectations in regards to academics, high school attendance and behavior at school.
2. If an athlete participates in a drug/alcohol treatment program prior or during his/her suspension the consequence will be reduced to 25% of the sport season as long as the athlete completes the program. The Athletic Director will monitor the attendance and completion of the program.

THIRD VIOLATION:

Suspension from participation for one calendar year.

*All suspensions are considered served after one calendar year from the date the violation occurred.

Redmond High School will honor athletic suspensions from an athlete's former school, subject to our appeal process.

The preceding policy carries through the participant's four years of participation. These rules are in effect once a student begins practice in the first sport they choose to play.

Example 1: A participant receives a first violation during the freshman year and is suspended from competition for two weeks. The participant receives a second violation in the fall of his/her senior year; they receive the consequences that apply outlined above.

Example 2: A student violates the substance abuse policy a week after the spring sports season. The student will fulfill the consequence the following year in the first sport season in which he/she participates.

NCAA Guide for the Division 1 or Division 2 College-Bound Athlete

Athletes: If you are planning to play Division I or Division II athletics in college, you need to register with NCAA.

To qualify to participate you must do the following:

1. Pass the required courses that are outlined by the NCAA.
2. Take the SAT and ACT and score at the minimum required by the NCAA.
(Test scores must be reported directly from Sat and Act using code 9999).
3. Register for the NCAA clearinghouse. (There is a fee required for registration).

http://www1.ncaa.org/eprise/main/Eligibility_Center/InformationforCollege-BoundStudent-Athletes

From the home page, click on “NCAA Eligibility Center”. Click on “Prospective Student-Athletes”. Click on “U.S. Students Register Here”. ****NOTE**** Once you are registered, print off the “Transcript Request From”.

Sincerely,

Brent Walsh
Redmond Athletic Director

Revised 10/16/08