



OCTOBER 2017 MENU

LYNCH ~ SAGE ~ TOM MCCALL ~ TUCK ~ TUMALO ~
 TERREBONNE ~ VERN PATRICK



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Oatmeal Choc Chip Bar Pop'n Chicken <i>or</i> ▲ Burger with cheese <i>or</i> Without	3 French Toast Sticks Beany Burrito <i>or</i> Pizza ☒ ▲ Pepperoni or Cheese	4 Cinnamon Breakfast Round All Beef Hot Dog <i>or</i> ▲ Burger with cheese <i>or</i> Without!	5 ★ Mini Pancakes w/ sausage ☒ Epic Cheesy Chicken Taco <i>or</i> Pizza ☒ ▲ Pepperoni or Cheese	6 Yogurt w/Muffin ★ Fish Sticks with Potato Emojis <i>or</i> 😊 ▲ Burger with cheese <i>or</i> without
9 ★ Banana choc chip bar Golden Chicken Nuggets <i>or</i> ▲ Burger with cheese <i>or</i> Without!	10 ★ Fruit Churro Nachos with Beef and Cheese <i>or</i> Pizza ☒ ▲ Pepperoni or Cheese	11 ★ Choc Chip Breakfast Round ★ ☒ Smokin' Pulled Pork Sandwich <i>or</i> ▲ Burger with cheese <i>or</i> Without!	12 ★ Mini Pancakes w/ sausage ☒ Sizzlin' Sesame Orange Chicken <i>or</i> Pizza ☒ ▲ Pepperoni or Cheese	13 String Cheese w/Muffin ★ V Good Tuna Sandwich <i>or</i> ▲ Burger with cheese <i>or</i> without
16 Oatmeal Choc Chip Bar Pop'n Chicken <i>or</i> ▲ Burger with cheese <i>or</i> Without	17 French Toast Sticks Beany Burrito <i>or</i> Pizza ☒ ▲ Pepperoni or Cheese	18 Cinnamon Breakfast Round All Beef Hot Dog <i>or</i> ▲ Burger with cheese <i>or</i> Without!	19 ★ Mini Pancakes w/ sausage ☒ Epic Cheesy Chicken Taco <i>or</i> Pizza ☒ ▲ Pepperoni or Cheese	20 Yogurt w/Muffin ★ Fish Sticks with Potato Emojis <i>or</i> 😊 ▲ Burger with cheese <i>or</i> Without
23 ★ Banana choc chip bar <i>Treat Day!</i> Golden Chicken Nuggets <i>or</i> ▲ Burger with cheese <i>or</i> Without!	24 ★ Fruit Churro Nachos with Beef and Cheese <i>or</i> Pizza ☒ ▲ Pepperoni or Cheese	25 ★ Choc Chip Breakfast Round ★ ☒ Smokin' Pulled Pork Sandwich <i>or</i> ▲ Burger with cheese <i>or</i> Without!	26 ★ Mini Pancakes w/ sausage ☒ Sizzlin' Sesame Orange Chicken <i>or</i> Pizza ☒ ▲ Pepperoni or Cheese	27 String Cheese w/Muffin ★ V Good Tuna Sandwich <i>or</i> ▲ Bangin' Burger with cheese <i>or</i> without
30 Oatmeal Choc Chip Bar Pop'n Chicken <i>or</i> ▲ Burger with cheese <i>or</i> Without	31 French Toast Sticks <i>Treat Day!</i> Beany Burrito <i>or</i> Pizza ☒ ▲ Pepperoni or Cheese	Apply for Free or Reduced Priced Meals Online! Check your balance too! www.redmondschools.org/nutrition		ALLERGEN KEY ★ New ▲ Beef ❖ Vegetarian ♦ Turkey ☒ Gluten Free ☒ Pork 🥜 Peanuts

BREAKFAST CHOICES

- Daily Special
- Hot Oatmeal
- Variety of Cold Cereal

LUNCH CHOICES

- Daily Specials
- Deli Sandwiches ☒♦
- Fruit & Cheese Platter ❖
- Smucker's Peanut Butter and Jelly Sandwich 🥜
- Fruit and Vegetable Bar
- Wild Mike's Pizza - All Natural Preservative and nitrate FREE!



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