



OCTOBER 2017 MENU

LYNCH ~ SAGE ~ TOM MCCALL ~ TUCK ~ TUMALO ~
TERREBONNE ~ VERN PATRICK



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Oatmeal Chocolate Chip Bar♦ Pop'n Chicken <i>or</i> ▲Hamburger <i>or</i> Cheeseburger⊙	3 French Toast Sticks Beany Burrito ⊙ <i>or</i> Pizza ▲Pepperoni or Cheese Pizza ❖⊙	4 Cinnamon Breakfast Round♦ All Beef Hot Dog <i>or</i> ▲Hamburger <i>or</i> Cheeseburger⊙	5 ★Mini Pancakes♦ w/ Sausage ☒ Epic Cheesy ⊙Chicken Taco <i>or</i> ▲Pepperoni or Cheese Pizza❖⊙	6 ⊙Yogurt w/Muffin♦ ★Fish Sticks with Potato Emoji's <i>or</i> ▲Hamburger <i>or</i> Cheeseburger⊙
9 ★Banana Chocolate Chunk Bar♦ Golden Chicken Nuggets <i>or</i> ▲Hamburger <i>or</i> Cheeseburger⊙	10 ★Fruit Churro♦ Nachos with Beef and Cheese⊙GF <i>or</i> Pizza ▲Pepperoni or Cheese Pizza❖⊙	11 Chocolate Chip Brkfst Round♦ ★Smokin' Pulled Pork Sandwich ☒ <i>or</i> ▲Hamburger <i>or</i> Cheeseburger⊙	12 ★Mini Pancakes♦ w/ Sausage ☒ Sizzlin' Sesame Orange Chicken <i>or</i> ▲Pepperoni or Cheese Pizza❖⊙	13 NO SCHOOL
16 Oatmeal Chocolate Chip Bar♦ Pop'n Chicken <i>or</i> ▲Hamburger <i>or</i> Cheeseburger⊙	17 French Toast Sticks Beany Burrito ⊙ <i>or</i> Pizza ▲Pepperoni or Cheese Pizza❖⊙	18 Cinnamon Breakfast Round♦ All Beef Hot Dog <i>or</i> ▲Hamburger <i>or</i> Cheeseburger⊙	19 ★Mini Pancakes♦ w/ Sausage ☒ Epic Cheesy ⊙Chicken Taco <i>or</i> ▲Pepperoni or Cheese Pizza❖⊙	20 ⊙Yogurt w/Muffin♦ ★Fish Sticks with Potato Emoji's <i>or</i> ▲Hamburger <i>or</i> Cheeseburger⊙
23 ★Banana Chocolate Chunk Bar♦ Golden Chicken Nuggets <i>or</i> ▲Hamburger <i>or</i> Cheeseburger⊙	24 ★Fruit Churro♦ Nachos with Beef and Cheese⊙GF <i>or</i> Pizza ▲Pepperoni or Cheese Pizza❖⊙	25 Chocolate Chip Brkfst Round♦ ★Smokin' Pulled Pork Sandwich ☒ <i>or</i> ▲Hamburger <i>or</i> Cheeseburger⊙	26 ★Mini Pancakes♦ w/ Sausage ☒ Sizzlin' Sesame Orange Chicken <i>or</i> ▲Pepperoni or Cheese Pizza❖⊙	27 NO SCHOOL
30 Oatmeal Chocolate Chip Bar♦ Pop'n Chicken <i>or</i> ▲Hamburger <i>or</i> Cheeseburger⊙	31 French Toast Sticks Beany Burrito ⊙ <i>or</i> ▲Pepperoni or Cheese Pizza❖⊙ <i>Treat Day!</i>	Apply for Free or Reduced Priced Meals Online! Check your balance too! www.redmondschools.org/nutrition		ALLERGEN KEY ★New ▲ Beef ❖Vegetarian ♦ Turkey GF Gluten Free ☒ Pork 🥜 Peanuts ⊙ Dairy

BREAKFAST CHOICES

- Daily Special
- Hot Oatmeal
- Variety of Cold Cereal

Elementary Lunch Paid lunch: \$2.85

Elementary Breakfast Paid: \$1.75

LUNCH CHOICES

- Daily Specials
- Deli Sandwiches ☒♦⊙
- Fruit & Cheese⊙ Platter ❖⊙
- Smucker's PBJ 🍪
- 1% and Non Fat Milk⊙
- Fruit and Vegetable Bar
- Wild Mike's Pizza⊙ - All Natural Preservative and nitrate FREE!

This institution is an equal opportunity provider

