



OCTOBER 2016 MENU

REDMOND EARLY LEARNING



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|---|--|--|
| 2 Oatmeal Chocolate Chip Bar♦ Popcorn Chicken <i>or</i> ♦ Turkey & Cheese Deli ⊙ | 3 French Toast Sticks Bean and Cheese Burrito ⊙ <i>or</i> ☒ Ham & Cheese Deli ⊙ | 4 Cinnamon breakfast round♦ ▲ Hot dog <i>or</i> ♦ Turkey & Cheese Deli ⊙ | 5 Mini Pancakes ♦ Cheese Pizza ❖ ⊙ <i>or</i> ☒ Ham & Cheese Deli ⊙ | 6 Yogurt w/ Muffin♦ ★ Fish Sticks with Potato Emoji's 😊 <i>or</i> ♦ Turkey & Cheese Deli ⊙ |
| 9 Banana Chocolate Chunk Bar♦ Chicken Nuggets <i>or</i> ♦ Turkey & Cheese Deli ⊙ | 10 ★Fruit Churro ♦ Beef Nachos ☞F <i>or</i> ☒ Ham & Cheese Deli ⊙ | 11 Chocolate chip breakfast ♦ Hamburger <i>or</i> Cheeseburger ⊙ <i>or</i> ♦ Turkey & Cheese Deli ⊙ | 12 Mini Pancakes ♦ Cheese Pizza ❖ ⊙ <i>or</i> ☒ Ham & Cheese Deli ⊙ | 13 NO SCHOOL |
| 16 Oatmeal Chocolate Chip Bar♦ Popcorn Chicken <i>or</i> ♦ Turkey & Cheese Deli ⊙ | 17 French Toast Sticks Burrito bean and cheese ⊙ <i>or</i> ☒ Ham & Cheese Deli ⊙ | 18 Cinnamon breakfast round♦ ▲ Hot dog <i>or</i> ♦ Turkey & Cheese Deli ⊙ | 19 Mini Pancakes ♦ Cheese Pizza ❖ ⊙ <i>or</i> ☒ Ham & Cheese Deli ⊙ | 20 Yogurt w/ Muffin♦ ★ Fish Sticks with Potato Emoji's 😊 <i>or</i> ♦ Turkey & Cheese Deli ⊙ |
| 23 Banana Chocolate Chunk Bar♦ Chicken Nuggets <i>or</i> ♦ Turkey & Cheese Deli ⊙ | 24 ★Fruit Churro ♦ Beef Nachos ☞F <i>or</i> ☒ Ham & Cheese Deli ⊙ | 25 Chocolate chip breakfast ♦ Hamburger <i>or</i> Cheeseburger ⊙ <i>or</i> ♦ Turkey & Cheese Deli ⊙ | 26 Mini Pancakes ♦ Cheese Pizza ❖ ⊙ <i>or</i> ☒ Ham & Cheese Deli ⊙ | 27 NO SCHOOL |
| 30 Oatmeal Chocolate Chip Bar♦ Popcorn Chicken <i>or</i> ♦ Turkey & Cheese Deli ⊙ | 31 French Toast Sticks Burrito bean and cheese ⊙ <i>or</i> ☒ Ham & Cheese Deli ⊙ <i>Treat Day!</i> | Remember!! You can check and pay your student's balance online! It's secure and easy! www.redmondschools.org/nutrition Apply for Free or Reduced Priced School Meals Online!! | | |

- ### BREAKFAST CHOICES
- Daily Special
 - Variety of Cold Cereal

- ### DAILY LUNCH CHOICES
- Deli Sandwich ⊙ or
 - Fruit and Cheese ⊙ Platter
 - Pizza⊙ is all natural—preservative and nitrate free!
 - Smucker's Peanut butter And Jelly Sandwich 🥞
 - Selection of Fruits & Vegetables
 - 1% & Fat Free Milk⊙
 - Wild Mike's Pizza⊙—All Natural Preservative and nitrate FREE!

This institution is an equal opportunity provider



| KEY | |
|---------------|----------|
| ★ New | ▲ Beef |
| ❖ Vegetarian | ♦ Turkey |
| ☞ Gluten Free | ☒ Pork |
| ⊙ Dairy | ♦ Egg |
| 🥞 Peanut | |

Breakfast Prices:
Elementary Paid: 1.75
Lunch Prices:
Elementary Paid: 2.85
Free/Reduced- All Grades: No Charge