









SEPTEMBER 2017 EARLY LEARNING CENTER



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>Welcome RELC Families! We are buzzing to kick off the new school year with you. </p>				
			 FIT  HEALTHY  ACTIVE	
11 ★ Banana Chocolate Chunk Bar◆	12 ★ Fruit Churro◆	13 Chocolate Chip Brkfst Round◆	14 Mini Pancakes◆	15 ☉String Cheese w/Muffin◆
1/3 Kindergarten attend Chicken Nuggets <i>or</i> ◆ Turkey & Cheese Deli☉	1/3 Kindergarten attend Beef Nachos GF <i>or</i> Fruit and Cheese Plate☉	1/3 Kindergarten attend ▲ Hamburger <i>or</i> Cheeseburger☉ <i>or</i> ◆ Turkey & Cheese Deli ☉	Cheese Pizza ❖ ☉ <i>or</i> ☒ Ham & Cheese Deli☉	Tuna Sandwich <i>or</i> ◆ Turkey & Cheese Deli☉
18 Oatmeal Chocolate Chip Bar◆	19 French Toast Sticks◆	20 Cinnamon Breakfast Round◆	21 Mini Pancakes◆	22 ☉Yogurt w/Muffin◆
Popcorn chicken <i>or</i> ◆ Turkey & Cheese Deli☉	Burrito bean and cheese☉ <i>or</i> Ham ☒ & Cheese Deli☉	▲ Hot Dog <i>or</i> ◆ Turkey & Cheese Deli☉	Cheese Pizza ❖ <i>or</i> ☒ Ham & Cheese Deli☉	★ Fish Sticks with Potato Emoji's  <i>or</i> ◆ Turkey & Cheese Deli☉
25 ★ Banana Chocolate Chunk Bar◆	26 ★ Fruit Churro◆	27 Chocolate Chip Brkfst Round◆	28 Mini Pancakes◆	29 ☉String Cheese w/Muffin◆
Chicken Nuggets <i>or</i> ◆ Turkey & Cheese Deli☉	Beef Nachos GF <i>or</i> Ham ☒ & Cheese Deli☉	▲ Hamburger <i>or</i> Cheeseburger☉ <i>or</i> ◆ Turkey & Cheese Deli☉	Cheese Pizza ❖☉ <i>or</i> ☒ Ham & Cheese Deli <i>Treat Day!</i>	Tuna Sandwich <i>or</i> ◆ Turkey & Cheese Deli☉

BREAKFAST CHOICES

- Daily Special
- Variety of Cold Cereal


DAILY LUNCH CHOICES

- Deli Sandwich ☉ or
- Fruit and Cheese ☉ Platter
- Pizza☉ is all natural—preservative and nitrate free!
- Smucker's  Peanut Butter And Jelly Sandwich
- Selection of Fruits & Vegetables
- 1% & Fat Free Milk☉

Breakfast Prices:
Elementary Paid: 1.75
Lunch Prices:
Elementary Paid: 2.85
Free/Reduced– All Grades:
No Charge

Remember!!
You can check and pay your student's balance online!
Apply for Free or Reduced Priced School Meals Online!!
It's secure and easy!
www.redmondschools.org/nutrition

This institution is an equal opportunity provider

KEY	
★ New	▲ Beef
❖ Vegetarian	◆ Turkey
GF Gluten Free	☒ Pork
☉ Dairy	◆ Egg
 Peanut	