




NOVEMBER 2017 MENU

RELC



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Cinnamon Breakfast Round♦ ▲All Beef Hot Dog <i>or</i> ⊕♦Turkey and Cheese Sandwich	2 NO SCHOOL	3 NO SCHOOL
6 Banana Chocolate Chunk Bar♦ Golden Chicken Nuggets <i>or</i> ⊕♦Turkey and Cheese Sandwich	7 Fruit Churro♦ ▲ Nachos with Beef and Cheese⊕⊕F <i>or</i> ☒ ⊕Ham and Cheese Sandwich	8 Chocolate Chip Brkfst Round♦ ▲ ⊕Hamburger or Cheeseburger <i>or</i> ⊕♦Turkey and Cheese Sandwich	9 Mini Pancakes♦ ❖ ⊕Cheese Pizza <i>or</i> ☒ ⊕Ham and Cheese Sandwich	10 NO SCHOOL 
13 Oatmeal Chocolate Chip Bar♦ Pop'n Chicken <i>or</i> ⊕♦Turkey and Cheese Sandwich	14 French Toast Sticks Beany Burrito ⊕ <i>or</i> ☒ ⊕Ham and Cheese Sandwich	15 Cinnamon Breakfast Round♦ ▲All Beef Hot Dog <i>or</i> ⊕♦Turkey and Cheese Sandwich	16 Mini Pancakes♦ Turkey, Mashed potatoes and gravy <i>or</i> Cheese Pizza❖⊕ <i>Treat Day!</i>	17 String Cheese with Muffin ★ Fish Sticks with Tater Tots <i>or</i> ⊕♦Turkey and Cheese Sandwich

Thanksgiving Break– No School November 20 - 24

27 Banana Chocolate Chunk Bar♦ Golden Chicken Nuggets <i>or</i> ⊕♦Turkey and Cheese Sandwich	28 Fruit Churro♦ ▲ Nachos with Beef and Cheese⊕⊕F <i>or</i> ☒ ⊕Ham and Cheese Sandwich	29 Chocolate Chip Brkfst Round♦ ▲ ⊕Hamburger or Cheeseburger <i>or</i> ⊕♦Turkey and Cheese Sandwich	30 Mini Pancakes♦ ❖ ⊕Cheese Pizza <i>or</i> ☒ ⊕Ham and Cheese Sandwich
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ALLERGEN KEY

★ New	▲ Beef
❖ Vegetarian	♦ Turkey
⊕F Gluten Free	☒ Pork
⊕ Dairy	♦ Egg
🥜 Peanut	

BREAKFAST CHOICES

- Daily Special
- Hot Oatmeal
- Variety of Cold Cereal

LUNCH CHOICES

- Daily Specials
- Local taco beef
- Local Hummus and veggies ❖
- Organic local carrots
- Organic local cucumbers
- Variety Bar with fruit and veg.

Breakfast Prices

Elem. School Paid: \$1.75
Middle School Paid: \$1.90

Lunch Prices

Elem. School Paid: \$2.85
Middle School Paid: \$3.00



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