



# JANUARY 2018 MENU

## LYNCH, VERN PATRICK, SAGE, MCCALL, TUCK, TUMALO AND TERREBONNE



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8 Banana Choc Chunk Bar♦  Chicken Nuggets <i>or</i> ▲ Hamburger or Cheeseburger	9 Fruit Churro  ☞ Beef Nachos with Cheese <i>or</i> ⊙ Pepperoni or Cheese Pizza	10 ★ Cinnamon Crumb Square♦  ☒ Pulled Pork Sandwich w/ Tots <i>or</i> ▲ Hamburger or Cheeseburger	11 Oatmeal Choc Chip Round♦  Turkey Mashed Potatoes Gravy <i>or</i> ⊙ Pepperoni or Cheese Pizza	12 ⊙ String Cheese & Muffin ♦  Fish Burger ⊙ <i>or</i> ▲ Hamburger or Cheeseburger
15 <b>NO SCHOOL</b>  <b>MLK DAY DISTRICT WIDE</b>	16 French Toast Sticks  Burrito ⊙ <i>or</i> ⊙ Pepperoni or Cheese Pizza	17 Cinnamon Breakfast Round♦  All Beef Hot Dog <i>or</i> ▲ Hamburger or Cheeseburger	18 ★ Banana Bread Square♦  Chicken Fajita <i>or</i> ⊙ Pepperoni or Cheese Pizza	19 ⊙ Yogurt & Muffin ♦  Fish Burger ⊙ <i>or</i> ▲ Hamburger or Cheeseburger
22 Banana Choc Chunk Bar♦  Chicken Nuggets <i>or</i> ▲ Hamburger or Cheeseburger	23 Fruit Churro  ☞ Beef Nachos with Cheese <i>or</i> ⊙ Pepperoni or Cheese Pizza	24 ★ Cinnamon Crumb Square♦  ☒ Pulled Pork Sandwich w/ Tots <i>or</i> ▲ Hamburger or Cheeseburger	25 Oatmeal Choc Chip Round♦  Turkey Mashed Potatoes Gravy <i>or</i> ⊙ Pepperoni or Cheese Pizza	26 ⊙ String Cheese & Muffin ♦  Fish Burger ⊙ <i>or</i> ▲ Hamburger or Cheeseburger
29 Oatmeal Chocolate Chip Bar♦  Popcorn Chicken <i>or</i> ▲ Hamburger or Cheeseburger	30 French Toast Sticks  Burrito ⊙ <i>or</i> ⊙ Pepperoni or Cheese Pizza	31 Cinnamon Breakfast Round♦  All Beef Hot Dog <i>or</i> ▲ Hamburger or Cheeseburger		

### **BREAKFAST CHOICES**

- Daily Specials
- Hot Oatmeal
- Variety of Cold Cereals
- Fruit
- Juice
- Milk

### **LUNCH CHOICES**

- Daily Specials
- Turkey or Ham Deli Sandwich♦
- Smuckers PBJ Sandwich
- Hummus Cup with vegetables ❖
- Variety Bar with fruit and veg
- Milk 1%
- Non Fat Milk
- Non Fat Chocolate Milk Fridays!

### **ALLERGEN KEY**

- ★ New
- ❖ Vegetarian
- ☞ Gluten Free
- ⊙ Dairy
- 🥜 Peanut
- ▲ Beef
- ♦ Turkey
- ☒ Pork
- ◆ Egg

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### **Breakfast Prices**

- Elem. School Paid: \$1.75
- Middle School Paid: \$1.90
- High School Paid: \$2.00

### **Lunch Prices**

- Elem. School Paid: \$2.85
- Middle School Paid: \$3.00
- High School Paid: \$3.25