



2018 MENU K-8

Lynch, McCall, John Tuck, Sage, Vern Patrick, Tumalo and Terrebonne



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 ♦Pancake with Sausage ☒ Chicken Fajita <i>or</i> ☉Pepperoni or Cheese Pizza	2 Cinnamon Breakfast round ♦ ▲ All Beef Hot Dog <i>or</i> ▲ Hamburger or Cheeseburger	3 ♦ Banana Bread Square Pulled Pork Sandwich ☒ <i>or</i> ☉Pepperoni or Cheese Pizza	4 ☉Yogurt & Muffin ♦ Fish Sticks with Tots <i>or</i> ▲ Hamburger or Cheeseburger
7 Banana Choc Chunk Bar ♦ Chicken Nuggets <i>or</i> Hamburger or Cheeseburger	8 ♦Raspberry Churro ☉★Chicken Nachos with Cheese☉ <i>or</i> ☉Pepperoni or Cheese Pizza	9 Chocolate Chip Brkfst Round ♦ Sweet and Sour Chicken Bowl <i>or</i> ▲ Hamburger or Cheeseburger	10 ♦Cinnamon Bread Square ★☉ Saucy Burrito <i>or</i> ☉Pepperoni or Cheese Pizza	11 ☉String Cheese & Muffin ♦ Fish Sticks with Tots <i>or</i> ▲ Hamburger or Cheeseburger
14 Oatmeal Choc Chip Bar ♦ Popcorn Chicken <i>or</i> Hamburger or Cheeseburger	15 ♦Pancake with Sausage ☒ Chicken Fajita <i>or</i> ☉Pepperoni or Cheese Pizza	16 Cinnamon Breakfast round ♦ ▲ All Beef Hot Dog <i>or</i> ▲ Hamburger or Cheeseburger	17 ♦Banana Bread Square Pulled Pork Sandwich ☒ <i>or</i> ☉Pepperoni or Cheese Pizza	18 ☉Yogurt & Muffin ♦ Fish Sticks with Tots <i>or</i> ▲ Hamburger or Cheeseburger
21 Banana Choc Chunk Bar ♦ Chicken Nuggets <i>or</i> Hamburger or Cheeseburger	22 ♦Raspberry Churro ☉★Chicken Nachos with Cheese☉ <i>or</i> ☉Pepperoni or Cheese Pizza	23 Chocolate Chip Brkfst Round ♦ Sweet and Sour Chicken Bowl <i>or</i> ▲ Hamburger or Cheeseburger	24 ♦Cinnamon Bread Square ★☉ Saucy Burrito <i>or</i> ☉Pepperoni or Cheese Pizza	25 ☉String Cheese & Muffin ♦ Fish Sticks with Tots <i>or</i> ▲ Hamburger or Cheeseburger
28 NO SCHOOL MEMORIAL DAY	29 ♦Pancake with Sausage ☒ Chicken Fajita <i>or</i> ☉Pepperoni or Cheese Pizza	30 Cinnamon Breakfast round ♦ ▲ All Beef Hot Dog <i>or</i> ▲ Hamburger or Cheeseburger	31 ♦Banana Bread Square Pulled Pork Sandwich ☒ <i>or</i> ☉Pepperoni or Cheese Pizza	

Treat Day!

BREAKFAST CHOICES

- Daily Specials
- Hot Oatmeal GF
- Variety of Cold Cereals
- Fruit
- Orange Juice
- Milk 1% or Non Fat

LUNCH CHOICES

- Daily Specials
- Turkey or Ham ☒ Deli Sandwich♦
- Tuna Sandwich
- PBJ Sandwich ❖ Ⓢ
- Fruit and String Cheese ❖
- Fruit and Yogurt ❖
- Variety Bar with fruit and veg
- Milk 1%
- Non Fat Milk
- Non Fat Chocolate Milk Fridays!

ALA CARTE PRICES

MILK, FRUIT, JUICE .50 EACH
SECOND ENTRÉE LUNCH 2.00 BREAKFAST 1.00

Breakfast Prices

Elem. School Paid: \$1.75
Middle School Paid: \$1.90
High School Paid \$2.00

Lunch Prices

Elem. School Paid: \$2.85
Middle School Paid: \$3.00
High School Paid \$3.25

This institution is an equal opportunity provider

ALLERGEN KEY

- ★ New
- ❖ Vegetarian
- ☉ Gluten Free
- ☉ Dairy
- 🥜 Peanut
- ▲ Beef
- ♦ Turkey
- ☒ Pork
- ♦ Egg

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